



2021 Ski & Learn Seminar

Presented by the Alabama Dental Association

MEMORANDUM

Sponsored by

TO: All Skiers
FROM: Michele Huebner
SUBJECT: Ski & Learn Seminar Final Details



Thank you for registering for the 2021 Ski & Learn Seminar in Big Sky, Montana. We are looking forward to a great socially-distanced conference this year! Our top priority is the health and safety of our attendees, sponsors and guests.

This memo includes detailed information on the following:

- Virtual Continuing Education Seminars
- Ground Transportation from Bozeman to Big Sky
- Discount Lift Tickets
- Discount Ski Rentals
- Ski School
- Resort and Surrounding Area Activities
- Dining Recommendations
- ... and more

A receipt for your registration will be sent in a separate email.

Visit bigskyresort.com to review current Mask and Physical Distancing policies.

Continuing Education

Due to ongoing pandemic restrictions, all seminars will be virtual on Zoom, allowing you to participate from the comfort of your lodging room or favorite coffee shop at the Resort. Attendees will need to bring a Zoom-enabled mobile device, tablet or laptop to participate.

Although virtual, the lectures are one-time live presentations. In order to receive CE credits, attendees must be present virtually during the entire time of the presentation. Your video and audio will be on and you will be able to ask questions and participate in the lecture as if you were in the classroom. This policy regarding CE credits is a requirement of our accreditation.

Additional detailed Zoom instructions will be sent prior to the start of the seminar. The email address we have on your registration form will be the email address used to contact you for the entire length of the meeting.

Continuing education classes will be held on Friday (3/19), Saturday (3/20), Sunday (3/21) and Monday (3/22). A morning session will be held each day from 7:30 - 9:30 am (MT) and an afternoon session from 4:30 - 6:30 pm (MT). PLEASE NOTE: Mountain Time (MT). The schedule is included in this memo.

Your sign-in for each course will record your attendance. Your ADA number (members and non-members) will be required for you to sign-in for each course. Within one week after completion of the courses, you will receive a Continuing Education Certificate via email.

Transportation

Car Rentals: Group rates from the Bozeman Airport have been established with Budget Rentals. Reserve online using the link at Skiandlearn.org. When this link is used, the ALDA Big Sky Ski & Learn Group Discount code will automatically be placed in the reservation detail. Your special discounts are available for 7 days before the event and 7 days after the event. These discounts are available on a wide selection of vehicles. Discounts up to 30% off depending on the number of days. If you have any questions or concerns, contact Sherelle Davis, Specialty Sales Representative, Meetings & Conventions, Budget (800) 842-5628 x 32159, sherelle.davis@avisbudget.com

Lift Tickets and Rentals

Purchase discounted group lift tickets and equipment rentals in advance on Skiandlearn.org

Group Discounts on Winter Activities at Big Sky Resort

Go to skiandlearn.org and choose “Activity Booking Instructions.” By applying the promo code, you will unlock 10% off the published activity rate. Discount applies to Nature Zip, Escape Room & Snowshoe Tours.

Dining

A list of dining recommendations is below for your information. The Montana Dinner Yurt and Sleigh Ride dinners at Lone Mountain Guest Ranch, 320 Ranch and Gallatin Riverhouse Grill are a few of our favorites. Everett’s at 8,800 – located on the top of Andesite Mountain – is a treat you won’t want to miss.

<http://www.bigskyyurt.com/>

<https://lonemountainranch.com/dining/>

<https://www.320ranch.com/dining/>

<https://gallatinriverhousegrill.com/>

<https://bigskyresort.com/mountain-village-dining/everetts-8800>

<https://bigskyresort.com/mountain-village-dining>

Map

First time in Big Sky? Take a look at the resort [map](#) to plan your trip!

Reminder

The discount for all resort rentals, reservations and activities applies only to guests at Big Sky Resort.



Schedule and Speakers



FRIDAY, MARCH 19, 2021 7:30 AM - 9:30 AM (MT)

Jimmy Stegall

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IMPLANT THERAPY FOR THE EDENTULOUS PATIENT (PART 1)

A review of the latest workflow and treatment options

Course Description: Implant therapy in the edentulous or soon-to-be edentulous patient is an expanding segment of clinical practice. Thanks to advancements in technologies and techniques, dental professionals are now able to predictably increase function, form and esthetics for this patient population.

The purpose of this course is to provide an overview of the evolving treatment options and planning concepts that help contribute to successful full arch treatment. Specific challenges with the edentulous population as well as clinical tips and pitfalls found in specific clinical situations will be discussed.

At the completion of this course, participants will be able to understand

- Various edentulous treatment options including implant-assisted and implant-supported restorations.
- How to identify the best treatment option.
- The benefits of newer edentulous treatment options, including patient specific friction-retained prostheses.

5 THINGS YOU SHOULD KNOW FOR SINGLE TOOTH IMPLANT SUCCESS (PART 2)

Course Description: This program will focus on best results for single tooth implant restorations. Techniques for customized tissue platform, temporization, and impressions – along with workflows for restorations using patient-specific abutments will be presented with a goal of bringing simplicity and reliability to the restorative process.

Using advanced computer technology, patient-specific abutments are available for all major implant systems and are designed and manufactured to the clinician's specifications. The benefits of providing an anatomically correct abutment earlier in the healing cycle will be also be discussed. In addition, screw-retained innovations are changing the way we approach dental implant therapy. Unique advancements in screw retained restorations that provide enhanced efficiency to your existing workflow will be reviewed.

At the completion of this section, participants will be able to:

- Discuss techniques and design of immediate and transitional temporaries.
- Understand customization of implant-level impressions.
- Integrate patient-specific abutments into any implant protocol.
- Learn an easy and innovative way to restore implants via a CAD/CAM custom abutment system.
- Understand the benefits of digital impressions for implant restoration.
- Recognize the benefits of patient-specific, screw-retained solutions.

FRIDAY, MARCH 19, 2021 4:30 PM - 6:30 PM (MT)

Jimmy Stegall



THE 3 APPOINTMENT DIGITAL DENTURE!

Course Description: This course is a must for all dental team members who are looking for a better understanding of the how's and why's of the digital denture workflow. Methods of creating and fabricating removable prosthetics have seen relatively minor changes in the past... That is, until now. The development and adaptation of computer designed and machine manufactured prosthetics are here - and changing the way we are accomplishing the clinical and laboratory steps for complete dentures! Now, with the advent of even better Cad-Cam technologies for complete dentures, Dentists and laboratories can provide patients with more predictable results, that can be done in fewer, simpler, yet more accurate steps. This program will review denture fabrication methods and show what techniques have changed (and what has not). The latest in 3D printing processes and materials will be highlighted, showing their strength, accuracy, and esthetics. Systematic clinical guidelines for the 3 appointment denture will be presented that make the chairside steps and results more predictable and easier to accomplish. This program is ideal for Dentists and staff that have been frustrated with denture steps, materials, and procedures.

At the completion of this program, participants will understand

- Clinical records – what is needed for success, and how to obtain them
- Denture impressions – where we are today
- A simple systematic approach to a 3 appoint digital denture
- Denture fabrication methods and how current Cad-Cam technologies have improved them.
- The latest 3D printed denture materials that are stronger than anything ever used
- Utilizing a functional Try-in, and why it's better.
- Removable clinical tips & tricks for a less stressful experience and result.

Jimmy Stegall is a seasoned dental lab operations and management executive with over 40 years of teaching and clinical experience in the US and Canada. He is a published author and has assisted in research projects with dentists, universities, and manufacturers. After a successful 30+ year career helping build and lead a large dental lab in South Carolina, Jimmy served as a division President of a large dental lab network, and is now a National Procedural Solutions Specialist for Dentsply Sirona. As a key opinion leader, teacher, and trainer, Jimmy has a demonstrated history of bringing results-oriented strategies and techniques to dental practices and labs throughout the US.



SATURDAY, MARCH 20 7:30 AM - 9:30 AM (MT)

Doug Mayer

**INFECTION CONTROL AND MAINTENANCE OF DENTAL
HANDPIECES AND RELATED INSTRUMENTS**

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Course Description: Infection Control in dental settings has been an important topic for decades.

This is especially true since the possible transmission of HIV, from a dentist to several patients, which made headlines in the early 1990's. Shortly thereafter, the Centers for Disease Control (CDC) published the "Recommended Infection-Control Practices for Dentistry, 1993." This was followed by the updated and consolidated CDC "Guidelines for Infection Control in Dental Health-Care Settings – 2003" and the March 2016 CDC "Summary of Infection Prevention Practices in Dental Settings – Basic Expectations for Safe Care."

Yet, there are still misunderstandings in the dental community about what the actual guidelines recommend, and just how a licensed dental clinician is held accountable to these, so called, "guidelines and recommendations." To that end, there are specific CDC recommendations that are paramount to proper instrument infection control practices as well as State law and State Dental Board rules that necessitate compliance with CDC as a condition of licensure in that State. Proper dental instrument maintenance along with the various manufacturers' recommendations for maintenance and sterilization often provides compliant infection control strategies. And proper maintenance of instrumentation often boasts of better instrument function and longer lasting equipment.

Learning Objectives:

- Understand the history of current infection control guidelines
- Understand and discuss key requirements of the CDC guidelines for dental settings
- Understand clinician accountability to the infection control guidelines
- Implement proper maintenance and instrument sterilization techniques
- Avoid common mistakes

Doug Mayer is currently in his 26th year in the dental handpiece business. He is an expert in dental handpiece design, use, maintenance, and infection control. He has designed several current generation handpiece systems as well as written the handpiece maintenance and infection control protocols for the two largest handpiece companies in North America. Doug has trained over 5,500 dealer sales and service personnel in the USA and Canada, countless dental offices, as well as the sales forces for two of the top handpiece manufacturers in the dental industry. Doug is currently with Dentsply Sirona's Midwest division as a Training and Product Specialist.



SATURDAY, MARCH 20 4:30 PM - 6:30 PM (MT)

Dr. Sam Simos

SELF-ADHESIVE COMPOSITE HYBRID: FAST. SIMPLE. EFFICIENT.

The Next Evolution in Restorative Dentistry

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Course Description: With today's advanced restorative materials, success is dependent upon 4 major elements: technique, material knowledge, execution, and efficiency. This presentation will examine how each element plays a critical role in the success and longevity of your direct restorations. In particular we will be examining the newest self-adhesive composite material; when we should use it to increase our success and when we should stick to the status quo. This course will definitely 'up your game' when it comes to direct restorative strategies.

Learning Objectives:

- Understand the evolution in composite technology
- Understand different strategies/techniques in efficiently placing direct restorative materials
- Learn the best clinical situations to use self-adhesive composite materials
- Understand the bonding process to help increase chairside efficiency and increase success

Dr. Sam Simos is an implant, restorative and cosmetic dentist practicing just outside of Chicago, in Bolingbrook and Ottawa, Illinois. He received his Doctorate of Dental Surgery at Chicago's Loyola University. Dr. Simos teaches post-graduate courses to practicing dentists on cosmetic dentistry, occlusion, and comprehensive restorative dentistry. He is one of a select number of dentists to work with the Dental Advisor to evaluate and consult with dental manufacturers about new products. Dr. Simos is internationally recognized as a leader in cosmetic and restorative dentistry, and is an internationally published author on today's use of innovative dental techniques and materials.



SUNDAY, MARCH 21 7:30 AM - 9:30 AM (MT)

Dr. Parrish King

IMMEDIATE MOLAR IMPLANTS: SURGICAL AND RESTORATIVE TECHNIQUES

Course Description: Immediate implants are becoming more and more routine for practitioners and more and more desired by patients. The idea of combining two surgical procedures into one, when possible, just makes sense. It also has been shown to provide more esthetic outcomes in the esthetic zone as long as certain guidelines are followed. But what about with molars? Can we predictably extract a molar tooth and place an immediate implant into the extraction site and still obtain primary stability? Of course, the answer is "yes we can." We will discuss several cases from initial surgery to final prosthetics and everything in between.

Learning objectives:

- Learn how to evaluate sites for immediate molar implants
- Learn two different surgical approaches for placing molar implants and the advantages/disadvantages to each

- Learn about custom healing abutments, how to fabricate them, and why they are important
- Learn how to fabricate custom impression posts
- Discuss the advantages to a screw-retained final restoration

SUNDAY, MARCH 21 4:30 PM - 6:30 PM (MT)

Dr. Parrish King

APRÈS SKI: SERVING UP MATERIALS, TECHNIQUES, TIPS AND MORE

Course Description: I am not French, but I could not help from using the term since it quite simply means "after ski." After a day filled with fun on the slopes come join me as we discuss a wide range of topics. Nothing is off limits. We will cover new materials and equipment (old reliable ones as well). I will share some techniques that I have found to be really useful in my practice with everyday dentistry, and some rarely needed but nonetheless useful ones as well. I will share some broken implant part retrieval cases. I will present an interesting oligodontia case and subsequent treatment. I will discuss an oral pathology case that changed my approach to wisdom teeth and how it subsequently changed someone else's life as well. And finally, I will share a nightmare implant case that I hope we can all learn something from.

Learning objectives:

- Gain knowledge of new and old restorative materials and when and where to utilize them
- Learn about a new circumferential matrix system
- Learn about broken implant part retrieval techniques
- Discuss and treatment plan a patient with oligodontia
- Review the importance of diagnostic radiographs
- Learn what can happen with implant patients and progressive bone loss

Dr. Parrish King is a third generation general dentist from Andalusia, Alabama. He received his DMD from The University of Alabama School of Dentistry in 2007 and completed an AEGD residency in 2008 with the University of Florida College of Dentistry. Parrish practices alongside his father in a group practice. He focuses on providing specialty services in a general practice environment. From implants to impacted wisdom teeth removal with sedation, from adult orthodontics to composite resins on primary molars, he enjoys practicing as a "general dentist." Parrish was awarded his Fellowship in the Academy of General Dentistry in 2013. Parrish is active in his community with the First United Methodist Church, volunteers with youth soccer, serves as the president of the Andalusia Academy of Ballet, and was recently elected to serve on the Andalusia City School Board. When away from dentistry Parrish enjoys being outdoors and is a hobby beekeeper. Parrish recently celebrated fifteen years of marriage and has two daughters.



MONDAY, MARCH 22 7:30 AM - 9:30 AM (MT)

Dennis McHugh

TOP DENTAL BENEFIT PLAN CONCERNS

Course Description: Dental benefits, specifically third-party issues are typically rated as one of the most critical concerns confronting dental offices. In this presentation, dentists will gain a basic understanding of what the American

Dental Association and your state dental association are doing to advocate for member dentists when it comes to dental benefits and third party payer issues.

Dentists will learn of current trends in the dental benefits marketplace, the top 5 mistakes dental offices make and how to avoid those mistakes. You will learn how to receive individual assistance from ADA staff. In addition, you will learn about available ADA educational resources on dental benefits and coding that can assist your dental practice and help it to succeed.

Dennis McHugh is the manager of third party payer advocacy for the American Dental Association and works in the Practice Institute's Center for Dental Benefits, Coding and Quality (CDBCQ). CDBCQ is the ADA agency responsible for promoting resources and information on dental benefit plans to employers and member dentists. In addition, CDBCQ responds to requests and helps resolve problems from member dentists regarding concerns with third party payers and the CDT Code. He has been with the ADA for 19 years and prior to that spent 7 years working for the American Association of Orthodontists. Dennis graduated from Southeast Missouri State University with a Bachelor of Science degree in Business Administration and an Associate of Applied Science in Computer Science.



MONDAY, MARCH 22 4:30 PM - 6:30 PM (MT)

Dr. Pamela Sims

PRESCRIBING AND UTILIZING CONTROLLED SUBSTANCES DURING THE OPIOID EPIDEMIC

Course Description: Dentists prescribe and utilize controlled substances in the care and treatment of dental patients. Benzodiazepines and Opioids are the two most common categories of controlled substances prescribed and utilized in patient care by dentists. Dr. Sims will review categories of controlled substances, prescribing regulations, record keeping requirements and potential for abuse. Opioid drug abuse in particular is considered a national crisis. Benzodiazepine abuse has been closely linked to opioid abuse. It is important for the dental team to understand the factors contributing to opioid and benzodiazepine abuse, drugs most frequently abused and the pharmacologic and toxicologic effects of those commonly abused drugs. It is also important for the dental team to understand how to manage dental pain and sedation to reduce opioid and benzodiazepine use and abuse when necessary. Furthermore, the dental team must understand how to care for a patient who is recovering from opioid or benzodiazepine abuse or addiction. The dental team must also be aware of and able to detect patients who may be seeking drugs for abuse or misuse.

Dr. Sims will review the common opioids and benzodiazepines of abuse and those drugs' effects on oral health and dental treatment. She will provide guidance for treating patients to reduce opioid and benzodiazepine exposure and those who are recovering from drug abuse.

Learning Objectives:

1. Describe the contribution of prescribed opioids to the current opioid epidemic.
2. Describe illicit opioids and how they are contributing to the increasing number of fatalities currently.
3. Describe the risk associated with the concurrent use of benzodiazepine and opioid medications.
4. Describe record keeping and prescribing regulations for opioids and benzodiazepines.

5. Recommend non-opioid options for managing a patient's mild, moderate and moderately severe dental pain.
6. Select non-benzodiazepine options to relieve anxiety or for mild to moderate sedation in a dental patient.
7. Identify medications used to manage a patient's recovery from opioid abuse.
8. Recommend medications to manage pain in a patient recovering from opioid abuse.
9. Describe patterns that indicate drug seeking behavior.
10. Identify resources available to assist in detecting prescription drug abuse. (i.e., PDMP)

Dr. Sims earned her B.S. Pharmacy from the University of Florida, her Doctor of Pharmacy degree from Mercer University and her Ph.D. in Pharmaceutical Sciences from the University of Colorado at Boulder. She recently retired as Professor of Pharmacokinetics in the Department of Pharmaceutical, Social and Administrative Sciences at Samford University McWhorter School of Pharmacy (SUMSOP) where she also coordinated and lectured in pharmacology courses for the Nurse Anesthesia, Nurse Practitioner and Physical Therapy programs. Dr. Sims currently serves as volunteer faculty in the University of Alabama at Birmingham School of Dentistry Department of Pediatrics where she held a part-time faculty appointment from 1993-2019. She continues to provide lectures in Pharmacology to the Post-doctoral Dental Residents and formerly provided courses to the residents and the Part II Board Review in Pharmacology to D4 students as well as lectures to D3 and D4 students. Dr. Sims publishes and lectures nationally and internationally concerning topics on Dental Pharmacology, Clinical Pharmacokinetics, Clinical Pharmacology and Pedagogy.